

TUFTS DANCE PROGRAM: FALL 2020 COURSE DESCRIPTIONS

(course credits are listed in SHU credits only)

DNC 14.01 BALLET III: TECHNIQUE AND CONDITIONING: Adjusted to meet the needs of remote participation, this course will focus on creating clarity in alignment, refining efficient movement patterns, exploring musicality and dynamic qualities, the sensory experience, and reflection on process. Classwork will include barre and center combinations designed for small spaces, and dance-specific conditioning and injury prevention. Course will also include viewing and short written assignments. Due to the nature of dancing virtually, this course is intended for intermediate-advanced dancers with a technical foundation in ballet of at least 2 to 3 years prior experience. 2 course credits. Fulfills arts distribution.

DNC 24.01 MODERN IV: Modern courses focus on introducing and refining technical forms and concepts of modern dance, including principles of weight, momentum, rhythmic precision, musicality, partnering, dynamic variation, extended movement combinations, improvisation and creative process. Modern IV is appropriate for those with substantial dance training in modern, contemporary, and/or ballet. Assignments include creative work, short viewing, reading and written work, and performance viewing and response. May be repeated. 2 course credits. Fulfills arts distribution.

DNC 46.01 KATHAK & SOLO ARTIST: A rhythmically vibrant storytelling dance from India, kathak was originally performed in small spaces. This introductory course explores kathak's physical foundations of footwork, composition, spins, rhythm and abhinaya (expression). Enhanced by wearing ankle bells (ghunghru). Cultural context and historical background interwoven. For complete novices and those with some experience. 2 course credits. Upon petition, may fulfill two of arts, culture, and/or world civilizations distribution.

DNC 49.01 TAI CHI: AN EXPERIENCE IN TIME & TEMPO: Using the Tai Ji Quan and **QiGong** exercises as practiced by Master Ham-King Koo's, Society of Nanlaoshu in NYC, students will experience the power of slowing down for expressive impact and health. The work in class imparts the first chapter of the **Tai Chi** form embodied and worked at varied speeds for a greater experience of time and the expressive reality of tempo, needed in every performance art form. Exposure to **Lao Tzu's Tao Te Ching** texts will be part of the conversation. 2 course credits. Fulfills arts distribution.

DNC 62.01 DANCE REPERTORY & PERFORMANCE FOR VIRTUAL SPACES: This course is designed for students who are interested in a collaborative dance making experience. Generate and explore new combinations of movement based on prompts and responses to movement problems, assembled by the instructor and culminating in a streamed online performance event. Assignments include readings, process journal, and mediated performance. Open to those with varied dance backgrounds of any style. 2 course credits. Fulfills arts distribution. May be repeated.

DNC 71.01 DANCE MOVEMENT & CREATIVE PROCESS: Explore the relationship between movement, improvisation, and the creative process. The course emphasizes individual and group movement skills, with a focus on getting to know your own movement preferences and style. Designed for students of all levels, classes begin with a non-technical warm-up, followed by guided movement assignments focusing on various methods of sourcing material. Includes diverse video viewings, readings, discussion, asynchronous peer activities, and short written assignments. No prerequisites. Optional 2 or 3 course credits. Fulfills arts, and engineering humanities distribution.

DNC 89.01/CSHD 178 CREATIVE DANCE FOR CHILDREN: Classroom experience focuses on dance and movement as an educational tool with emphasis on application in early childhood education and K-12 public school settings. Explores the creative potential of the body/mind connection in education. The course includes practice teaching and asynchronous project development with peers. 3 course credits. Fulfills arts distribution.

DNC 91.06 AFRO-HAITIAN DANCE: **DNC 91.06 AFRO-HAITIAN DANCE:** An introductory course focusing on the physical practice and cultural understanding of Haitian Folkloric Dance forms through a hybrid combination of in-person and online learning. This experiential course of embodied practice, lecture and video discussions will allow students to learn about the historical influences of the traditional dance and rhythms of Haiti including Yanvalou, Ibo, Banda and Congo. Course work includes short viewings, reading discussions and written assignments. No dance experience required. 2 course credits. Upon petition, may fulfill arts, culture, and/or world civilizations distribution.

DNC 91.14 HIP-HOP DANCE CULTURE, PHILOSOPHY & PRACTICE: B-boying, B-girling, & Breakin': Explore self-expression and community as we practice the original dance of hip-hop: Breakin'. This course is a step into the culture and philosophy of b-boys, b-girls and breakers. Students work with the tools of the dance to develop their abilities in toprock, downrock and other styles of movement. Students apply new skills and express their style in cyphers (dance circles) and battles. We discuss our experiences and explore the history of hip-hop to engage with its social, political, and spiritual dimensions as students of the culture. Course includes readings, video viewings, weekly reflections, discussions, written assignments and weekly recitation. Accessible to all levels. 3 credits. Fulfills arts distribution.

DNC 91.68: DANCE PERFORMANCE PRACTICUM: Designed for students participating as performers in Senior Dance Minor capstone projects and/or other Dance Program performance projects. 2 course credits, Pass/Fail option only. Prerequisites: Approval of Instructor.

DNC 91.80 SOLO DANCE FOR CAMERA: Practice based, open to anyone interested in making work for moving bodies, objects and voices in response to both open-ended and self-designed prompts. Record, edit, and structure videos or animations. The semester will culminate with final works that will be streamed. 3 course credits. Fulfill arts distribution.

DNC 91.81 CONDITIONING FOR DANCE & WELLNESS

Combining elements of release technique, Pilates, Hatha Yoga and mindfulness practices, the course will focus on alignment, stretching, strengthening, relaxing tension. Academic work will touch on anatomy and kinesiology. Students will set their own goals and assess their progress toward them. 2 course credits. Fulfills arts distribution.

DNC 191 ADVANCED DANCE STUDIES & DNC 192 DANCE RESEARCH PROJECT: Guided independent work on research papers, Senior written and/or choreographic projects, and advanced graduate/undergraduate special study. Varied course credit options. Fulfills arts distribution.